



Mount Pleasant Primary School

NEWSLETTER



Government
of South Australia

Department for Education
and Child Development

Date: 29/03/2018

Respect, Responsibility and Honesty

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Greetings,

I was very impressed by what the students had been doing to celebrate Harmony Day. The messages about getting along, inclusion and belonging were very strong. I particularly liked room 2's message about being a "Bucket Filler" by being kind and caring to others. You can fill someone's bucket with a smile, a wave hello or an offer of help or friendship. I hope we all were able to help fill someone's bucket today.

Asthma

Now that the cooler weather is approaching, it is important to be asthma ready. If your child has had an asthma attack at any time in the past, it is essential that you obtain an asthma plan from your GP and provide a copy of it to the school so that it can be kept on our files and referred to in the unfortunate, but quite possible, event of an asthma attack reoccurring. Without an asthma plan we are obliged to call an ambulance, no matter how minor the episode. Please note that this would be at the parents' expense. Usually children who suffer asthma attacks are, frequently, very well prepared. Research has shown that tragedies are more likely to occur for children who suffer attacks when there is a degree of complacency about their medication and asthma plans. If your child has any risk factor from asthma, please make sure their puffer is up-to-date and please obtain an asthma plan as soon as possible if you have not already. If you have indicated to the school previously that your child has asthma but they now no longer require asthma medication the school must be notified by a letter from your GP or they will still be considered a student with asthma and will require an asthma plan.

Governing Council

Thank you to everyone who attended the Governing Council AGM. I would like to take this opportunity to thank Janice Seager and Nicole Pocock, who retired from council this year, for all of their hard work on council over the years. Our council for 2018 is Sharyn Phaup (Chairperson), Jules Montgomery (Deputy Chair), Fiona Edwards (Secretary), Rodney Freeman (Treasurer), Tegan Pope (OSHC rep), Patina Pearson, Karen Hargrave (PFA rep), Linda English (OSHC rep/Finance), a teacher (the teachers will take turns term by term) and of course me.

These wonderful people are your representatives and I know they will work hard for the betterment of our fantastic school.

Regards,

Tony

DATES TO REMEMBER

Easter long weekend

Friday 30th March—
Monday 2nd April

Governing Council

Wednesday 11th April

Kids' Day

Thursday 12th April
(see page 6)

Last Day of Term

Friday 13th April

Casual Day

2:30 Dismissal

We enjoyed Harmony Day. We spent time discussing what Harmony Day meant. We also read a book called 'Have you filled a bucket today?' that reminded us to be positive and nice to one another. We also looked at totems from a range of cultures.

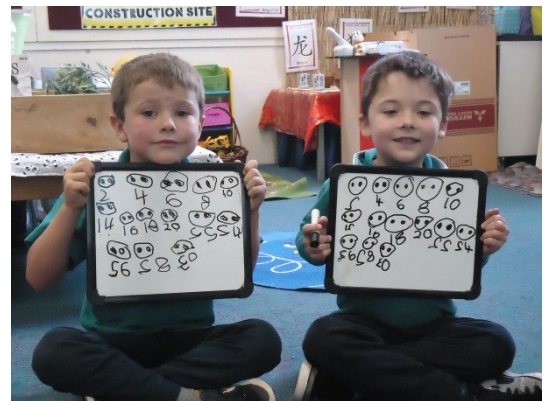
We then made our own.

Room 2

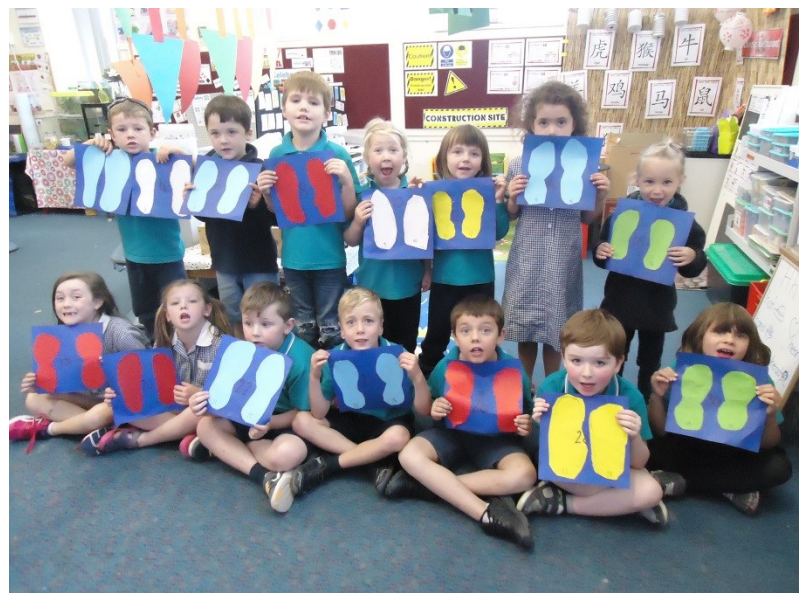
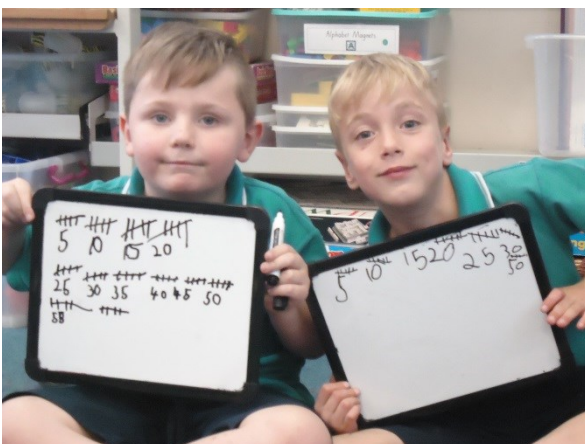
News



We were excited to receive a special principal's award from Mr Wrigley for reading 100 books!! Our next is 200 books. Thank you to all of our parents who stay each morning and listen to us read.



In Maths we have been exploring skip counting and the 100 grid.



Adelaide Zoo Excursion

We had a wonderful time on our Adelaide Zoo excursion. Room 6 started the day by exploring the zoo, and finding our threatened species that we are researching. We then had a session with an Education Officer, embarking on an excellent tactile experience, feeling many furs and other animal artefacts. Next we split up into research groups, examining many photos and reports about a threatened species, before we then reported our findings to the rest of the class. Thankyou very much to all of our wonderful volunteers, and to Mrs Riley for helping organise the excursion.

We look forward to continuing our projects together.



News from Room 4

Harmony Day Poem by Maddison

Harmony means peace in the world.

Appreciate everyone's uniqueness.

Respect everyone's cultures and personality.

Make sure that you treat others the way you want to be treated.

Others can be included in what you do.

No one can change your beliefs.

You can be 'you' whenever you like.



Harmony Day Poem by Holly

Harmony Day is the day when you remember to be always kind, happy, to be helpful and to respect others.

A person that is different to others should be treated nicely, no-matter what.

Respect, honesty and responsibility are the key words we think about on **Harmony Day**.

Most kids and adults get teased but we shouldn't tease people.

On **Harmony Day** we all respect the people who fought for our country.

Never hurt other people's feelings.

You shouldn't judge someone else.

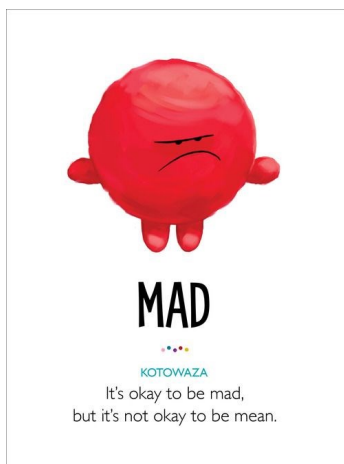


Sophie, Gracie, Chloe, Amy, Annalise and Anna with the work they shared at the Harmony Day assembly.

Julie's Notes

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I have been working with Room 2 and Room 6 to help promote the Keys to Success. In Room 2, we have been talking about feelings and I have read a few books to the class about feeling angry and grumpy. In one of the books, Lovey Dove, a Kimochis character, said "It's okay to be mad but it's not okay to be mean". Another book said, "feeling angry isn't wrong, but letting my anger hurt someone else is." So with these quotes in mind, we have been



talking to the children about how to deal with their anger and calm themselves before they hurt others. One book suggests taking deep breaths or going to your favourite quiet place. It also suggests talking about why you're feeling angry with someone who cares about you and this is something we have been making a point of with the class. The final page of the book says that "sometimes I get soooo angry that I forget what it was that made me angry in the first place and that makes me laugh!" Children need help with letting anger go and not reacting before they think, therefore lashing out and then regretting it later. These are the types of discussions we've been having recently in Room 2.

In Room 6, we have been talking about friendships – how to make them and how to nurture them. We've had some great discussions.

JULIE'S HOURS & MAILBOX

I am now going to be at school on a Tuesday and a Friday (and changing to Thursday if Friday is a non-school day). Due to the fact that I'm only at school two days a week, it is not always easy to contact me so I now have a mailbox at the front office. Please feel free to drop in a note with a brief message or let me know that you would like to speak with me. If you're happy for me to ring you from school, then leave a phone number too. I will let the students know about the mailbox and encourage them to use it as well.

Have a safe and happy Easter.



SRC News KIDS DAY

Date: Thursday 12th April Week 11

The SRC is organising a special end of term event for students and staff. It is going to be a fun and colourful day. Students can wear colourful clothes, odd socks, footy colours or have a crazy hair style. It is up to them, The focus of the day we be well-being. Focussing on activities that support a healthy body, mind and spirit.

Activities to choose from will include:

- Miss Adams - Healthy eating—make a funny food face
- Mr Wrigley - Torrens Valley Little Athletics Fun and Games
- Mr H - Music, games and fun
- Valerie, Ruth & Julie- Mandalas, meditation and henna tattoos (**only with parent consent**)
- Miss Stadtkus - painting to music



Outline of the Day:

9:00-9:30 am Room 6 Assembly in the gym.

All parents and friends are welcome to attend

9:30-9:45 am Karate demonstration and talk

9:45-10:00 am Return to classes for healthy snack

10:00-10:30 am Session 1

10:30-11:00 am Session 2

11:00 –11:30 am Session 3

11:30-11:40 am Eating time

11:40-12:20 pm Play time

12:30-1:00 pm Session 4

1 pm Return to classes

1:50-2:10 pm Normal afternoon recess




Students will need to sign up for sessions. The SRC will organise this during week 10. Students will get to select 4 out of the 5 activities. Each session will consist of R-7 students. Each session will allocate 3 spaces for room 2 students, 5 spaces for room 6 and 5 spaces for room 4. Session groups will be kept to a maximum of 13 per session.

There is no cost or fundraising for this event.

Turn over for
important information!

VACATION CARE PROGRAM APRIL 2018

MONDAY 16th	TUESDAY 17th	WEDNESDAY 18th	THURSDAY 19th	FRIDAY 20th
Make ButterFLy Cakes   OSHC VOLCANO	 Nature Play @ Federation Park  Pipe Cleaner Critters	Make a Lighthouse   Oil and Water Droplet Painting	Camping Day Make a fort Pitch a tent Toast marshmallows 	Sidewalk Chalk  Plantbags 
MONDAY 23rd	TUESDAY 24th	WEDNESDAY 25th	THURSDAY 26th	FRIDAY 27th
Spanakopita Triangles   SHRINKIES 	Wheels Day Bring your wheels from home (safety gear MUST be worn) 	— LET US NOT FORGET —  ANZAC DAY APRIL 25 PUBLIC HOLIDAY 	 Tinkering and Re-create Day 	Outdoor Games/Play  Foil Embossing 

Gumeracha Primary School

PHONE 8389 1871 ~ Open 7.30am to 6.30pm week days



VACATION CARE APRIL 2018

FOR PRIMARY SCHOOL AGE CHILDREN

Gumeracha Primary School

7.30am – 6.30pm

Week 1 Monday 16th April – Friday 20th April

Week 2 Monday 23rd April – Friday 27th April

(Closed Wednesday 25th - ANZAC day Public Holiday)

Phone/Answering Machine (08) 8389 1871

Email : gumoshc@bigpond.com

Things to remember...

In addition to the programmed activities, children have access to loads of other leisure and learning opportunities, both indoors and outdoors. **Please note that cooking activities are meant for sampling, and are not sufficient for lunch. We only provide lunch when stated on the program.**

Week 1

Tuesday 17th – We will be attending the Nature Play event at Federation Park. Children will need really old clothes, as there may be mud! A change of clothes would also be beneficial.

Week 2

Tuesday 24th – Wheels Day. Bring your wheels from home (bikes, scooters, skateboards, rollerskates/blades. Your choice, but **safety gear MUST** be worn.

Fee Structure

\$50.00 per child per day. Contact the Dept. Human Services (Family Assistance) on 136150 to discuss your eligibility for Child Care Benefit. Don't forget....you can claim up to 50% of your out of pocket expenses for childcare fees via the Child Care Rebate, as well as your Child Care Benefit (if eligible).

NB... CANCELLATIONS FOR VACATION CARE REQUIRE 1 WEEK'S WRITTEN NOTICE - (5 WORKING DAYS).

Cancellations without the required notice will incur the usual Vacation Care fee; will be considered an absence and CCB will still be applied.

ATTENTION PARENTS/GUARDIANS...

\$3 Lunch available – Children can choose noodles, or mini pizza; plus veggie sticks, and fruit for snacks.

Food A packed lunch, including morning/afternoon snack and a drink **MUST** be sent with each child. We only provide lunch if stated on the program.

PLEASE support us in our promotion of healthy eating choices and healthy lifestyles by providing HEALTHY snacks and lunches for your children.



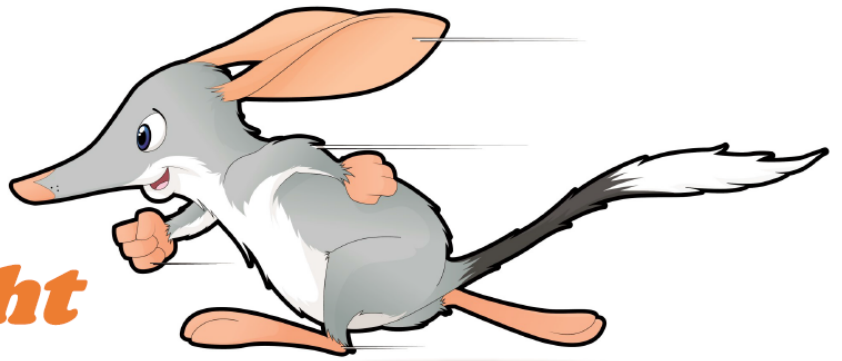
Suitable Clothing Please ensure your child/children wear appropriate clothes and footwear.

An approved hat must be sent with each child (legionnaires or broad brimmed). No caps, strappy tops or thong type footwear are acceptable. **Sun protection policy in place all year round. Dress warmly in Autumn/Winter.** Closed in shoes; long pants/trousers; jumpers & jackets. It is also a good idea to send a change of clothes in case we go for a walk and get caught in the rain. Your child's comfort is important.

Behaviour We have clear guidelines, which are prominently displayed. All children are encouraged to be responsible for their own behaviour, respectful and caring of others and the facilities provided.

Community News

Race into the **MT. PLEASANT** *Easter Twilight* **FARMERS MARKET!**



THURSDAY 29 MARCH, 2018

**MT. PLEASANT
SHOWGROUNDS**
Melrose St. Mt Pleasant

5PM - 9PM

Gold coin donation
entry fee

Loads of **FRESH**
FOOD Producers
Easy Parking
Dinner Menu



www.mpfm.org.au

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0418 301 121



YMCA

adventure course | arts and crafts |
team games | archery |
orienteering

Adelaide Hills Adventure

School Holiday Camp

Join us for three days of
tenting, activities, food,
friends & fun! Learn new
skills from our qualified
and trusted instructors.

\$330 per
person
Register by 8th April



Y Camping
... for fun, friendship, adventure and education